

# HOW TO REMOTE SPOT SOMEONE WHO USES DRUGS

Information shared with permission from original author Natalie Kaminski of Peel Drug Users Network (PDUN)



## POST/ VOCALIZE YOUR POSITION

➤ Let folks know they can come to you

### REASONS WHY SOMEONE WOULD ASK:

They feel unsure about their drugs or drug use ♥ Don't have someone to use with  
♥ Need a friend ♥ Don't have access to "in person" supervised consumption ♥  
Don't feel comfortable using in front of others



## CONSIDER THE LIMITATIONS

➤ LOCATION: Can you get to them in case of emergency? Do they live in a remote/rural area?

### BE CLEAR WITH THE PERSON YOU'RE SPOTTING ABOUT YOUR OWN COMFORT AND NEEDS:

ie) "Can you turn down your music" ♥ "Can you turn your lights on"  
"Can you give me your address and directions to your location"  
"What is the emergency response number in your area"



## SAFETY PLANNING

➤ Develop an Overdose Safety plan with the individual that takes into account their personal values, beliefs and experiences.

### ASK QUESTIONS RELATED TO OVERDOSE RESPONSE:

What drug are you using? ♥ How much? ♥ What route?

Is there someone near you who could respond to an overdose faster than 911?

Who are your community first responders?

**SPEAK UP!**

➤ If you are not comfortable with their overdose plan, **LET THEM KNOW!** Don't agree to keep someone safe if you're not able to.



CALLING 911 FOR AN OVERDOSE MEANS POLICE MAY ALSO ATTEND,  
TAKE THAT INTO CONSIDERATION WHEN MAKING YOUR SAFETY PLAN

**ALWAYS BE COMPASSIONATE, NON-JUDGEMENTAL AND OPEN**

